

## LEAD Classes Overview

The following are the classes built for the LEAD (Leadership Education and Development) program, begun in summer 2017. The thought behind LEAD was a significant break from CILT - it was designed to give girls a *foundation* both spiritually and practically to become leaders in their churches and communities where they might impact the next generation for the Kingdom.

Ideally, they would also return to camp in the summers and further grow their impact and experience there through CILT and becoming staff, but even if not, they would be better off for taking LEAD. LEAD is a prerequisite for CILT and skills learned in LEAD would not be re-taught, but rather built upon and tailored to the camp environment.

### GENERAL FILES

- 01 Letter to the LEAD Coordinator (a good overview)
- 02 Letter to LEAD participant
- 03 Table of Contents for the LEAD Binder - both for Instructor and for LEAD
- 04 Syllabus - this shows the order of classes as the program was originally designed
- 05 LEAD Overview - the first class at camp where the LEAD would get the big picture

### SPIRITUAL DEVELOPMENT

Note: Bible Ex and Spiritual Development Classes are linked as originally designed in the LEAD program. Expect to see some of those references. Bible Ex classes were designed to be run in the order listed. Spiritual Development Classes were *not* designed to be run in the order listed. They were designed to be run according to the schedule in the Syllabus, which prioritized the basics so that the basics could then be used to build and lead a Bible study.

- A. Morning Watch / Bible Ex Program
  - 1. Why "God"? and Who is God? Basic attributes of God
    - a. Also includes Intro to Morning Watch journal, which is the SOAP journal method
    - b. Attributes of God
  - 2. Who is Jesus?
    - a. God, Savior, Messiah, Sacrifice, King, etc
  - 3. Why the Bible? Part 1 - Who wrote it and why?
    - a. Who wrote the Bible?
    - b. Why was it written?
    - c. God wrote the Bible so we would know how to have life through belief in Jesus
  - 2. Why the Bible? Part 2 - To whom was it written and who can understand it?
    - a. To whom was it written?
    - b. Based on whom it was written to, who can read and understand the Bible?
    - c. It was written to US and WE can understand it.
  - 3. Why the Bible? Part 3 - How certain is the Bible? Can I trust it?
    - a. Is it true?
    - b. How certain is it?

- c. Not only can I trust it, but it's foolish not to. Take the next step toward learning to trust it
- 4. Why the Bible? Part 4 - Importance of knowing the Bible and of responding to it
  - a. We MUST be grounded in it, read it for ourselves and test everything
  - b. If we study only to prove a point, we will never understand it
  - c. Note: Morning Watch only
- 5. Testimonies during Bible Ex time
  - a. Discussion: What story has God written into your life?
- 6. Worship - taking a break on Sunday from the regular schedule of life to worship
  - a. Psalm 19
  - b. Note: Morning Watch only
- 7. Areas of life, Part 1 - Spiritual
  - a. How important is our spiritual health?
  - b. How can we pursue spiritual health, both here at camp and at home?
- 8. Areas of life, Part 2 - Physical
  - a. How important is our physical health?
  - b. How can we pursue physical health, both here at camp and at home?
- 9. Areas of life, Part 3 - Emotional
  - a. How important is our emotional health?
  - b. How can we pursue emotional health, both here at camp and at home?
- 10. Areas of life, Part 4 - Mental/Intellectual
  - a. How important is our mental/intellectual health?
  - b. How can we pursue mental/intellectual health, both here at camp and at home?
- 11. Areas of life, Part 2 - Social
  - a. How important is our social health?
  - b. How can we pursue social health, both here at camp and at home?
- 12. God's purpose for His people
  - a. What is our purpose as believers?

## B. Spiritual Development Classes

- 1. S01 - Relationship with God, Part 1 - What is a Christian?
  - a. God wants a relationship with us
    - i. He created us and loves us
  - b. Why would we want a relationship with Him?
    - i. We are incomplete without it, our hearts want it
  - c. What prevents a relationship with God? Sin
    - i. What is sin?
    - ii. Why is it a problem?
    - iii. How did God solve the problem of sin?
  - d. How is your relationship with God?
  - e. How might you improve it or take a step toward Him?
- 2. S02 - Relationship with God, Part 2 - How do I interact with God?
  - a. Spiritual disciplines
  - b. See also S02a - Book Notes and S02b - Chart
- 3. S03 - Jesus' story in your life: your testimony
  - a. Length: Elevator (30 sec), Bus Stop (5 min), Coffee house

- b. Outline: Before Jesus, Met Jesus, With Jesus
- c. Focus: Jesus
- d. 3 questions worksheet "My Story," and Elevator and Bus Stop testimonies
- 4. S04 - Presenting Jesus
  - a. One verse method
- 5. S05 - Personal Bible study, Part 1
  - a. Why study the Bible?
  - b. How to structure the time
- 6. S06 - Personal Bible Study, Part 2 - Tools and Methods
  - a. Tools of the trade
  - b. Methods of Bible study
- 7. S07 - Bible Study Prep, Part 1 - Why teach? How do I start?
  - a. Before class: read Page 1 of Bible Study Prep
  - b. Why teach the Bible?
  - c. Opening thoughts
    - i. What is the goal?
  - d. Beginning your study
    - i. What does it say? What does it mean? What does it mean to me?
  - e. Preparing your Main Point
  - f. Drawing out the Application
  - g. After class: prepare the references listed for your Bible Ex
- 8. S08 - Bible Study Prep, Part 2 - Put it all together
  - a. Before class: Read Pages 2-3 of Bible Study Prep
  - b. Structure: Hook, Book / Look, Took
  - c. Methods of Active Involvement
  - d. Learning tasks
  - e. After class: finish preparing your Bible Ex with your team
- 9. S09 - The power of camp - and how might you fit?
  - a. Introduction to the not-so-visible parts of camp (Program, Support, Online and Off-season)
- 10. S10 - Looking forward - What are my 3-6 month goals?

## **LEADERSHIP DEVELOPMENT**

Note: These classes are not done in order on the Syllabus, but prioritized such that the ones involving skills could be practiced at camp. See the Letter to the LEAD coordinator for priorities if classes have to be dropped.

1. L01 - Catchy vs. Character
  - a. This is a 2-part exercise at the beginning and end of the session
2. L02 - Foundations of a Leader, Part 1 - Four Qualities of Good Leaders
  - a. Authenticity, Intentionality, Purpose, Integrity
3. L03 - Foundations of a Leader, Part 2 - 5 Areas of Life
  - a. Spiritual, Emotional, Mental/intellectual, Physical, Social
4. L04 - Foundations of a Leader, Part 3 - Purpose
5. L05 - Leadership Methods
  - a. Directive, Persuasive, Consulting, Democratic, Laissez-faire
6. L06 - Communication Guidelines and Conflict Resolution
  - a. Conflict WILL happen - how to handle it
  - b. 12 Commands of Communication
7. L07 - Communication Styles
  - a. Owl, Dove, Eagle, Peacock
8. L08 - How to Listen
9. L09 - Solitude Exercise
10. L10 - Christian Leader Paradox

## **MISCELLANEOUS**

V01 LEAD Activity Evaluation

V02 Evaluation of LEAD

V03 LEAD Testimony Evaluation

Z01 Bibliography